

Seniors Night

CONNECT. LEARN. ENJOY. THRIVE.



A monthly evening for our seniors to come together to learn something new, enjoy an engaging activity, and build meaningful connections.

SAVE THE DATE



SATURDAY, JANUARY 16, 2027

6:30 PM – 8:30 PM

AT FHO SHIVA MANDIR

INSPIRING TOPICS

ENGAGING ACTIVITIES

MEANINGFUL CONNECTIONS

A Special Evening for Our Seniors 



BINGO NIGHT



YOGA



KARAOKE



TAI CHI



HEALTHY
RECIPES TALKS



PHYSICAL &
MENTAL HEALTH
TALKS



ADVANCED
DIRECTIVES /
LIVING WILL
PLANNING

*Good Friends. Great Conversations.
A Stronger Community.* 



*Learn
Connect
Share
Belong* 



MORE INFORMATION COMING SOON!

All are welcome! 